

# Tenley Tough 5k & Fun Run 2019 Saturday October 5th @ 8 AM

**Why we run:** Team Tenley was formed in 2016 when our friend and tiny warrior, 9 month old Tenley Norman was diagnosed with pediatric cancer. Within a few months, we organized a 5K, Fun Run, and event to offer financial support for the Norman family and awareness for childhood cancer. The support from our local community and outcome was more than we could have hoped for. It is our goal to continue supporting other local families who have been affected by childhood cancer through this event each year. With the help of our community, we hope we can help alleviate the financial strain of families with children who are fighting the fight of their lives. We are honored and blessed to be able to serve them and play a small part in helping our local warriors.

**Location:** The grounds at **Honey Bee Park** in Robertsdale, AL 36567

**Race Times:** 5K will begin at 8:00 AM  
Fun Run will begin at 9:00 AM

**Distance:** 5K course through scenic Robertsdale. Course is mostly flat with occasional inclines. Fun Run is 1 mile.

**Registration:** 1). Register by mail. Entries MUST be postmarked by September 20th  
2). In person at Must be dropped off by September 20th  
3). Online-<https://runsignup.com/Race/AL/Robertsdale/TeamTenley5kFunRun> until September 20th  
4). Day before race (October 4th) 3:00 PM & 7:00 PM  
5). Day of race from 6:00 AM - 7:30 AM

Ages 5 & Under – FREE	<b>5K</b>	Ages 18+ \$30	Ages 6 – 17 \$20
Ages 5 & Under – FREE	<b>Fun Run</b>	Ages 18 + \$20	Ages 6 – 17 \$15

**5K Awards:** winners will be awarded medals to the top Male & Female overall runner & top Male & Female Walkers, & 1<sup>st</sup> – 3<sup>rd</sup> in the following ages categories 5 – 12, 13 – 17, 18 – 29, 30 -39, 40 – 49, 50 – 59, 60 – 69, and 70+.

**Fun Run Awards:** winners will be awarded ribbons to the top Male & Female overall, & 1<sup>st</sup> – 3<sup>rd</sup> in the following age categories. 5 – 12, 13 – 17, 18 – 29, 30 – 39, 40 – 49, 50 – 59, 60 – 69, and 70+

**Post-Race:** Light food and drinks, food trucks, Snow cones and ice cream, and coffee truck will be available for purchase. Music, kids games, and entertainment to follow!

**\*\*\*Want to support the cause, but not run the race? Sign up to join our SUPPORT SQUAD! \$15 for T-shirt & bag. E-mail \_\_\_\_\_\*\*\***

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_ Sex M F

Address \_\_\_\_\_ City, State & Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

**Event (Circle One)**    5k    Fun Run    Support Squad

**T-Shirts (Circle One)**    Adult: XS, S, M, L, XL, XXL, XXXL    Youth XXS XS, S, M, L